



## From The New President



*I was elected on a platform of putting into action a new management plan for the club, but I would like to thank the previous management team and committee for starting the club and putting in place strong foundations. Its from these foundations I would like to develop the club to be stronger and more diverse. To do this requires a lot of work from more people and I am confident the people we have will progress the club over the next 12 months. This plan is not set in concrete in fact it should be continually developed to cater for the needs of sea kayakers as those needs arrives. The only thing I would always fight for is diversification so all kayakers are represented and can get something out of the club. L Allen*

## Management Plan For Sea Kayak WA

### Introduction

In the first year of existence the sea kayak club had a loose doctrine of an informal group of paddlers with a similar interest. This has been effective in getting the club going but is now foundering a little as the people have developed different needs and as the club grows we need to cater for a larger section of sea kayakers who have a range of needs. Unfortunately to achieve a diverse range of activities in an organised, safe environment the club needs more organisational structures than we have had in the past. Its for this reason I am proposing a management plan that will change the way the club is organised so we can cater for all the sea kayak groups. This hopefully will enable the club to grow and promote sea kayaking. Like all plans it is

designed to head us in a racing direction with the hope that natural selection will continue to develop the plan to suit the market.

### Over View

Basically we have two fundamental groups in the club at the moment. Group 1 wants more leisurely paddling with an emphasis on socialising with paddles that require average fitness and paddling skills. Group 2 wants to push harder, develop high paddling skills with excitement and achievement being the main motivators. Across both groups is a similar interest in fishing and trips.

As well as these two groups there are new paddlers coming into the club that have to be catered for although not represented in the club at the moment, but could end up being a major growth area in the club, are people who are interested in

I am proposing we have two groups recognised in the club. Group 1 paddlers will have a coordinator to organise paddles and promote this group and group 2 paddlers will have a coordinator to organise paddles and develop the interests in that group. As well as these two groups we have one person with the job of promoting fishing within both groups and another person to organise a club trip each year for both groups and finally one person to develop sea kayak racing.

This will set in place some direction and although initially numbers will be small, as enthusiasm grows, so will the individual direction of that group. The diverse range of interests sea kayakers have will now be catered for. increasing our appeal to a larger cross section of people



## *Leisure Paddlers*

### **Philosophy**

Leisure Paddlers are people who want more leisurely paddling with the emphasis on socialising, with paddles that require a moderate level of fitness and skill. Leisure Paddlers will require a minimum skill level to ensure every one can capsize safely, do an assisted rescue and most of the basic strokes. The exact level is to be determined by the Leisure Paddlers coordinator in conjunction with Leisure Paddlers and passed by a majority at a meeting.

Leisure Paddlers and Adventure Paddlers will interact as much as possible with at least one paddle per month starting at the same place and meeting to socialise with all sea kayaking members.

Leisure Paddlers will have a written record of their philosophy and minimum skill level. These can be changed at any time with the consent of all members at a meeting.

### **Leisure Paddlers Coordinator**

Leisure Paddlers coordinator will be elected at the annual general meeting of the club and will perform the following duties.

1. Assist in setting a minimum skill level and ensuring all Leisure Paddlers are confident they are at that level before going on a club paddle.
2. Setting a calendar of paddles suitable for Leisure Paddlers and ensuring a club member will attend each paddle.
3. Represent Leisure Paddlers interests at committee and club meetings.
4. Encourage and promote more paddlers to Leisure Paddlers
5. Work with the fishing and trip coordinator to ensure Leisure Paddlers have the opportunity to go club fishing and on trips

Minimum Skill Level For Club Paddles	
Skill	Level
Forward stroke	Correct technique.
Forward sweep	Correct technique
Capsize drill	Must be able to exit the boat easily
Forward paddling	Able to keep the kayak straight.
Rafting up	Able to raft and hold a raft.
Deep water rescue	Able to get back in to boat using the club technique



## Adventure Paddlers

### Philosophy

Adventure Paddlers are people who want more adventures demanding paddling with the emphasis on excitement, with paddles that do require a high level of fitness and very high skill level. Adventure Paddlers will require a minimum skill level to ensure every one handle the conditions that Adventure Paddlers will be paddling in. The exact level is to be determined by the Adventure Paddlers coordinator in conjunction with Adventure Paddlers and passed by a majority at a meeting. Then a level of paddling skills will be set that paddlers can aspire to so they can be competent paddlers.

Adventure Paddlers and Leisure Paddlers will interact as much as possible with at least one paddle per month starting at the same place and meeting to socialise with all sea kayaking members.

Adventure Paddlers will have a written record of their philosophy and minimum skill level. These can be changed at any time with the consent of all members at a meeting.

### Adventure Paddlers Coordinator

Adventure Paddlers coordinator will be elected at the annual general meeting of the club and will perform the following duties.

1. Assist in setting a minimum skill level and ensuring all group Adventure Paddlers are confident they are at that level before going on a club paddle.
2. Setting a calendar of paddles suitable for Adventure Paddlers and ensuring a club member will attend each paddle.
3. Represent Adventure Paddlers paddlers interests at committee and club meetings.
4. Encourage and promote more paddlers to Adventure Paddlers .
5. Work with the fishing and trip coordinator to ensure Adventure Paddlers have the opportunity to go club fishing and on trips

Skills Required For Adventure Paddlers	
Skill	Level
Forward stroke	Correct technique. Efficient style for long distance.
Forward sweep	Correct technique incorporating edging the boat in rough conditions
Emergency stop	Correct technique in rough conditions
Reverse sweep	Correct technique incorporating edging the boat in rough conditions
Reverse stroke	Correct technique
Capsize drill	In all conditions including surf
Forward paddling	Maintain a rhythm in 1.5mt seas N.S.E &W
Reverse paddling	Confident in 1.5mt seas NSE&W and "the soup" in 1.5mt surf. Includes landing backwards
Low brace	Brace up from off balance position
Rafting up	Able to raft and hold a raft in 2mt seas .
Deep water rescue	Confident with both rolls, in seas to 2mt
Safety	Able to identify the major hazards facing the sea kayaker.
Regulations	A working knowledge of the small boating regulations



## ***Fishing Coordinator***

The fishing coordinator will have the following duties..

1. Organise fishing trips for both Leisure and Adventure paddlers.
2. Organise at least one fishing trip per month.
3. Promote fishing within the club and encourage new members to kayak fishing.

## ***Trip Coordinator***

The trip coordinator will have the following duties...

1. Organise (not necessarily lead ) one trip per year for Leisure padders and one trip per year for Adventure paddlers.
2. Assist club members doing trips.
3. Promote trips within the club.
4. Manage a chart library and maintain trip reports for the benefit of all club members.

## ***Racing Coordinator***

The race coordinator will have the following duties...

1. Organise a race calender of not less than 3 races per year.
2. Organise race training.
3. Promote racing within the club and encourage new members into racing.



## People Profiles



**Name** Les Allen

**Position** President and temp Adventure Paddle Co-coordinator

**Occupation** Sales Manager

**Best Paddle** The Dampier trip

**Worst Paddle** The Cape To Cape paddle

**Profound Statement** After you have achieved basic subsistence everything else is purely a mind game

**Name** Neville Holden

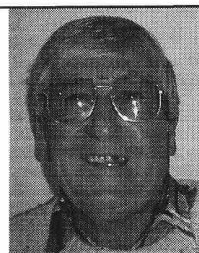
**Position** Sec / Treasurer

**Occupation** Air traffic controller

**Best Paddle** Rottnest crossing and circumnavigation

**Worst Paddle** That end of Garden Island paddle

**Profound Statement** Be good to your Mum.



**Name** Eric Pyatt

**Position** Leisure Co-coordinator

**Occupation** Semi - Retired

**Best Paddle** Ningaloo, 3 Day Penguin Isl - Carnac - Rottnest - North Beach, Blackwood River

**Worst Paddle** Surf at Scarboro

**Profound Statement** Just keep paddling

**Name** John Satherly

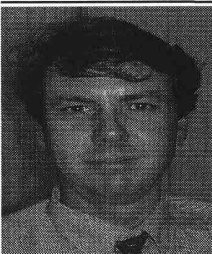
**Position** Fishing Co-coordinator

**Occupation** Painter

**Best Paddle** Shoalwater Bay - Carnac - Rottnest - Hillarys

**Worst Paddle** Whale watching of Scarborough

**Profound Statement** How much we miss when we don't know the presents of things unseen.



**Name** Peter Cappendell

**Position** Trip Co- coordinator

**Occupation** Account Manager

**Best Paddle** Rotto circumnavigation

**Worst Paddle** Canals in Birmingham (verrrrry cold)

**Other Information** Dose a lot of land trips as well if interested

**Name** Neville Hine

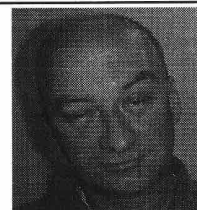
**Position** ACWA Representative

**Occupation** Self

**Best Paddle** The next one

**Worst Paddle** Unmentionable!!

**Profound Statement** Don't applaud just throw money





## The Garmin GPS 12XL

I was given a Garmin hand held GPS 12XL to try and see if it was suitable for sea kayaking. Well in a nut shell I think it is. Its small, accurate, easy to use and reasonably quick. On the trips I have done with this and other GPS, it's been a valuable tool. Can you do without it ? Of course its not essential, but does make life easier and in some circumstances can reduce risk.

GPS 12XL navigators have a lot of features that make it a powerful tool for the sea kayaker as well as the bush walker, cyclist, 4 wheel driver and person who has to have the latest gismo.

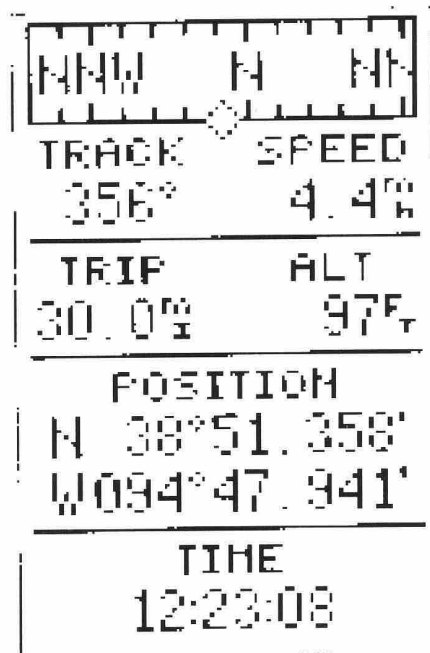
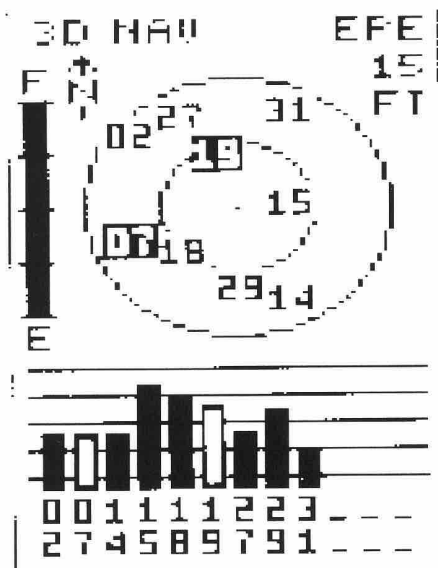
There are 5 main pages that explain the main features of the GPS. They are..



**1. Satellite Status Page.** This page shows the signal strength bars and satellite map so you can see at a glance what your signal strength is. The map shows if you are in satellite shadow and need to move.

**2. Position page.**

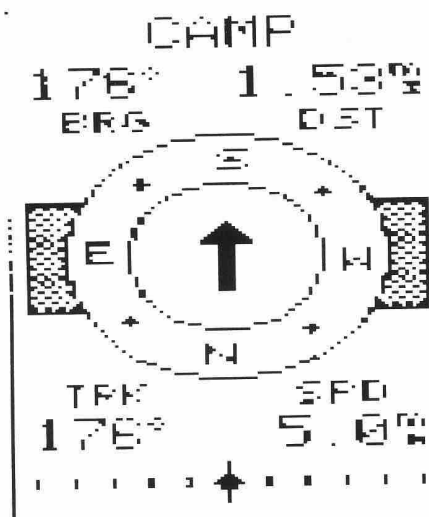
This page shows you where you are, what direction you're heading and how fast you are going. It has other features like odometer trip and clock





**3. Position / Map Page.** This page shows where you are in relation to other way points and a map of where you have been. This page can be very helpful to the sea kayaker as it shows any drift from your plotted course.

**4. Compass Page.** This page has a compass ring with an arrow that continually points to where you want to go. Just follow the arrow! It also has track and speed as well as other info you may need.



**5. Main Menu Page.** This page gives you a list of most of the features and pages you will need.

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MAIN MENU
NEAREST WPTS
WAYPOINT LIST
WAYPOINT
PROXIMITY WPTS
ROUTES
DIST AND SUN
MESSAGES
SETUP MENU
    
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These electronic gismos sometimes appear complicated at first, but believe me anybody can master one of these quite easily. The instructions are in plain English and the screens very easy to understand and move

The Garmin 12XL is splash proof and in a solid tough case, which makes it very suitable for the sea kayaker.

Purely from a kayakers point of view the ability to know exactly where you are or how far you have travelled from a known point is very valuable on a featureless coast line. The other important feature is the ability to track a course. This is more important in areas where there are strong currents or you are doing a long crossing as it will show you the amount of drift you are experiencing and can allow you to make the corrections before its too late. If in a worst case scenario you are caught in a strong current and taken off course the GPS can tell you the best option to take.

The down side is the fact that they are electronic in very hostile conditions and they run on batteries. I would not recommend you use any GPS as your sole navigation aid but they can be a great asset to enhance your navigation. Of the different models of GPS I have seen the Garmin 12XL is well priced and will worth looking at.





## *The worst weekend*

Four of us set out to do the cape to cape down south on the last long weekend. Unfortunately we arrived at Hamelin Bay near Augusta Friday night to 30 knot winds and unpleasant conditions. The next day was just as bad and the sea was a mess. The forecast was for 30 to 40 knot winds with the next few days getting worse. We drove to Cosy Corner and Augusta to see if we could get in and after a close inspection went to the pub.

Later that day we were recording 40 knot winds on my wind gauge when Tell and Steve decided to see if they could get out. (And to say they had paddled in 40 knot winds). The waves were rushing in and to a small audience who probably though we were mad Tell set off. He got almost to the brake when the combination of wind and waves pushed him backwards to the beach. Just off the beach he turned broach on and a nasty little wave broke on him and over he went. Steve tried next and actually got through the brake which surprised us. On the way back he got creamed but still, he did get out.

That night the wind howled

and the next day the forecast was for 35 to 40 knots with 5 mt swell and 3 mt waves. We moved camp to Canal Rocks and decided to try Bunker Bay north. We set off in the lee of the point and headed out about 3km and down wind to the point. The swell was about 5 mt and awesome. It was like paddling up the side of your house and skidding down the other side. As we got closer to the point we came to an area where the waves were forming and spilling. John decided to go back so we all turned and headed back. John is the most experienced paddler but was not comfortable with situation at that time so he made the right decision to turn back before we were committed to the point. It's probably John's experience that made him pull out rather than commit when he was not happy, as that when you can get into some serious trouble. I thought the trip back would be impossible with the wind but it wasn't that bad as most of the time we were out of the wind in the troughs and only got the wind blast at the top of the swells.

We drove around the point and went to set off again. Tell

was not confident with his shoulder in the surf and opted out. Steve set off first and got right to the main brake but his timing was not good. A big nasty wave creamed him really bad and it seemed like ages before his kayak and he popped up with him on the beach side of the boat. He immediately ducked under the water as his boat was pushed over him. If he had been hit it would not have been nice. John was next and hesitated in the soup. Tell gave me a push off and John and I lit the after burner. We got to the brake and hit a vertical wave just getting through. Two seconds later and we would have been creamed.

Steve had pulled a rudder cable out and opted out so John and I headed out around the next point. The waves here weren't as big but they were very steep and rushing forward to end up white capping. It was involuntary surfing all the way, with the only problem being the wind blast at the top of the waves. It would turn your boat every wave top so you had to try and straighten your boat on the way down the face. John was having a lot more trouble with his boat than I was and





## Nev's Comments

### Hi there everybody.

AGM was 5th Nov. SKWA WA Inc has a new committee. Les Allen our new president is a very energetic paddler who will bring new ideas and enthusiasm to the club. So lets get behind him, let him know what we want from the club and how we can help.

### Rottneest Week

*Don't forget the Rotto week in February ! We desperately need more people*

### Update your details.

If you have changed address please let us know

### Membership fees. Pay up if not financial!!!

This will be the last mag you get if you are not financial

### Websites for those who want to browse.

Ocean Paddler. Sea Kayaker Magazine. <http://ourworld.compuserve.com/homepages/SAMDOG>

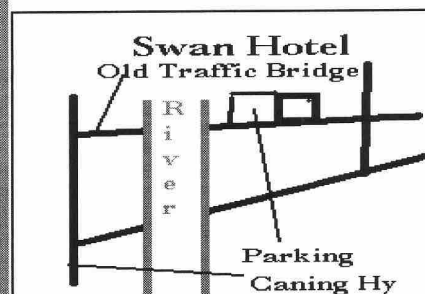
NSW Sea Kayak Club. <http://www.nswseakayaker.asn.au>

Victorian Sea Kayak Club.

Send in any others of interest and I will publish them!

**Good Paddling! Keep out there! Have fun!**

for the first time in my life I had to wait for him. The other problem was you had to have eyes in the back of your head as some of the white caps were more like dumpers and at least once I had the white cap break on my paddle sucking it under causing me to pull it out vertically whilst hip flicking to stay up. John was having the same problem, but it was exciting to say the least. Around the second point the waves reduced to a wind wave only and then down to quite calm for the last 2 km to the shore. The next day the wind was just



## Christmas Meeting

On Tuesday 8th December we will be having our Christmas meeting. After that we will have a meeting every second Tuesday at the Swan Hotel Fremantle in the conference room.

Each meeting we will have something of interest for sea paddlers. These topics will cover everything from making dry bags to navigation and beyond. Some of the things that will be discussed at meetings is the calender and what topics you want as part of our monthly meetings.

The club needs your support at these meeting so we know what you want out of the club.

# WA Sea Kayaker

## Calender - December to January

Date	Description	km	Requirements	Time	Contact
3/12/98 A L	Night paddle Shoal Water Cafe at Penguin Island Ferry	10 km	Open to all paddlers Must have a light or chem stick mounted.	7.00pm	Les Allen 93994388
5/12/98 F	Woodman point Meet near Cockburn boat club	5 km	Squid fishing gear	9.30am	John S 95287225
6/12/98 A	South Beach, Carnak and Garden Island surf the breeze back.	25 km	Open to all adventurer paddlers	10.00am	Les Allen 93994388
L	Xmas Picnic Kent St Dam Wilson Park. Meet Canning rowing club Canning Bridge	20 km	Morning and afternoon tea at Mumm's Point. Picnic hamper family can meet us for lunch	8.00am	Eric 93392952
8/12/98	Meeting at Swan Hotel 201 Queen Victoria St North Fremantle		Bring any charts so we can copy them.	7.30pm	
13/12/98 A	Boat ramp at Point Peron to northern end of Garden Island	30 km	Open to all adventurer paddlers	9.00am	Les Allen 93994388
L	Shoalwater Bay circumnavigation morning tea at Point Peron Meet at Penguin Island car park	12	Bring snorkling gear	7.00am	Eric 93392952
18/12/98 F	South Port Beach off Rudderham Drive	8 km	Trawling for Tailor	6.00pm	John S 95287225
20/12/98 A	Roto and return. Leave Cottesloe	40 km	Contact Les if coming.	7.00am	Les Allen 93994388
L	Cottesloe to Bathers beach and return	16 km	Morning tee	7.00am	Eric 93392952
27/12/98 A L	Joint paddle with leisure group. Meet at Lewin Chewin car park opposite Lewin Barracks to Erics for Xmas drinks	16	All paddlers Bring drinks food platter supplied	8.00	Eric 93392952

3/1/99	A	Mandurah to Rockingham. Meet Johns place 46 Second ave Shoalwater	30km	Open to all adventurer paddlers	8.00	Les Allen 93994388
	L	Meet John's place 46 second ave Shoalwater. Paddle Safety Bay - surf the waves, practice skills		Bring food platter and drinks - new years drink	8.00	Eric 93392952
5/1/98		<b>Meeting at Swan Hotel 201 Queen Victoria St North Fremantle</b>		<b>Instruction on making dry bags</b>	7.30pm	
10/1/99	A	Hillarys, Scarborough surf back.	30km	Open to all adventurer paddlers	9.00am	Les Allen 93994388
	L	Hillarys north wall, Little Island to Pinnaroo point	9 km	Morning Tea	7.00am	Eric 93392952
16/12/98	F	Swanbourne Beach Surf club to the whiting banks	15 km	Fishing for Whiting	10.00am	John S 95287225
17/1/99	A	Roto and return Leave Cottesloe	40km	Contact Les if coming.	7.00am	Les Allen 93994388
	L	Ocean Reef to Burns Rock and back	8 km	Morning Tea	7.00am	Eric 93392952
24/1/99	A	South Beach, Stragglers, Carnack	30km	Open to all adventurer paddlers	10.am	Les Allen 93994388
	L	South Beach to Woodman Point and return	18 km	Morning Tea	7.00am	Eric 93392952
31/1/99	A	Joint paddle with leisure group Kwinana Wreck to Point Peron and back	14 km	Morning tea	7.00am	Eric 93392952
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**Note** Adventure Paddles are at 6km per hour average speed. Minimum skill level and ability to paddle at least 20 km non stop are required for all adventure paddles.  
Leisure Paddles are at 4km per hour average speed, with rest every 1..5 hrs or less where practice. Coaching in basic skills offered at every opportunity.  
Privet coaching of any skills can be organised for any member.

**Journal of Sea Kayak WA Inc PO Box 230 North Beach 6902 Phone Pres Les Allen 93994388 Sec Neville Holden 94484196**